



# Guiding Good Choices is for you!

**GGC is a FREE parent workshop consisting of 5 two-hour sessions that address:**

- **The influence of parents in helping their kids avoid drugs and other unhealthy choices**
- **Setting Guidelines, Monitoring, and Consequences**
- **Positive and Effective Family Communication**
- **Building Bonds by involving your kids in the family**

(Research shows that if children feel bonded to their family, they are more likely to adopt the beliefs and standards of that family.)

**And...because we know how busy parents are, we provide dinner and childcare at each session (free)!**

**Please fill in the information below and return by Friday, February 24, 2012.**

**Five Town Communities That Care  
P.O. Box 1135  
Rockport, ME 04856**

**Or call Sheryl at (207) 236-9800 for more information**

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The March 2012 *Guiding Good Choices* workshop will take place between 5:00 PM and 7:30 PM on Tuesdays beginning March 6 and continuing through April 3. All sessions will meet at Camden Hills Regional High School in Rockport.  
(Dinner for the entire family is from 5:00 to 5:30.)

**Parent(s) or Guardian(s) who will be attending:**

Name(s) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone # \_\_\_\_\_ E-Mail \_\_\_\_\_

**Please provide the following information for each child that you parent:**

Child's name \_\_\_\_\_ Age \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_ Graduation year \_\_\_\_\_

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Child's name \_\_\_\_\_ Age \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_ Graduation year \_\_\_\_\_

**Will you need childcare? Yes No**

Child's name \_\_\_\_\_ Age \_\_\_\_\_

Child's name \_\_\_\_\_ Age \_\_\_\_\_

Child's name \_\_\_\_\_ Age \_\_\_\_\_

\_\_\_ **Yes**, I give Five Town Communities That Care permission to use photos or videos taken of me and/or my family members for public relations purposes.

\_\_\_ **No**, I do NOT give Five Town Communities That Care permission to use photos or videos taken of me and/or my family for public relations purposes.