



Guiding Good Choices is for you!

GGC is a FREE parent workshop consisting of five, two-hour sessions that address:

- **The influence of parents in helping their kids avoid drugs and other unhealthy choices,**
- **Setting Guidelines, Monitoring and Consequences,**
- **Positive and Effective Family Communication, and**
- **Building Bonds by involving your kids in the family.**

(Research shows that if children feel bonded to their family, they are more likely to adopt the beliefs and standards of that family.)

And...because we know how busy parents are, we provide dinner and childcare at each session (free)!

Please stop by the Five Town CTC office at 219 Meadow Street in Rockport to register. If you are not able to stop by in person, you may send in the registration form below to:

Five Town Communities That Care
P.O. Box 1135
Rockport, ME 04856

Or call Sheryl at (207) 236-9800 for more information

Please return forms by April 10!

Registration Form for April 2009 GGC Sessions

Parent(s) or Guardian(s) attending:

Will you need child care? Yes No

Name of child(ren) needing care Age

Address: _____

City: _____ State _____ Zip Code _____

Phone # _____ E-Mail _____

**The April Guiding Good Choices session will take place
Thursday nights, April 30th to May 28th at Camden Hills Regional High School in Rockport.
(Dinner for the entire family is from 5:00 to 5:30.)**

If you are interested in attending, but none of these times work for you, please indicate the best time for you to attend workshops and return the form. (We will keep this in mind when scheduling additional sessions.)

Best day of the week: _____ Second choice day of the week: _____